

FLORIDA DEPARTMENT OF

HEALTH



**Migrant Farm Worker Emergency  
Preparedness Kit Guide**



**What You Need to Know in Case  
of an Emergency**

## **When Disaster Strikes, Be Prepared**

In case of an emergency, there are several things you need to know for you and your family's survival. You should be able to maintain for at least 72 hours following a disaster. This brochure is meant to guide you with the basic information you need to make a disaster supply kit.

## The basics

- Water, one gallon of water per person, per day for at least three days.
- At least a three day supply of non perishable food, battery powered or crank radio, and a NOAA Weather Radio with tone alert and extra batteries.
- First aid kit, whistle to signal for help, dust mask, moist towellettes, garbage bags and plastic ties for sanitation.

# Food

- Ready to eat canned food



- Canned juices
- Condiments
- High energy foods
- Vitamins
- Food for infants
- Comfort/stress foods

## First Aid Kit

Assemble a first aid kit for you and your car; these materials are useful in the event of an injury to either you or a family member.



- (2) germicidal hand wipes or waterless alcohol-based hand sanitizer
- (6) antiseptic wipes

(2) pair large medical grade non-latex gloves



- Adhesive tape 2 inch width

- Antibacterial ointment

- Cold pack

- Scissors (small, personal)

- Tweezers

- CPR



breathing barrier, such as a face shield

## Non Prescription Drugs

- Aspirin or non-aspirin pain reliever
- Anti-diarrhea medication
- Antacid (for stomach upset)
- Syrup Ipecac (used to induce vomiting if instructed by the poison control center)
- Laxatives



## Tools and Supplies

- Mess kits, or paper cups, plates, and plastic utensils
- Emergency preparedness manual
- Battery operated radio and extra batteries





- Cash or traveler's checks, change
- Non-electric can opener, utility knife
- Fire extinguisher; small canister ABS type
- Pliers



- Tape
- Compass
- Matches in a



waterproof container

- Aluminum foil
- Plastic storage containers



- Single flare
- Paper, pencil

- Shut-off wrench ( to turn off gas and water
- Whistle
- Plastic sheeting
- Map of the area (for shelter locating)



## Sanitation

- Toilet paper, towelettes



- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items



- Household chlorine bleach

- Plastic garbage bags, ties
- Plastic bucket with tight lid
- Disinfectant

### **Clothing and Bedding**

Include one complete change of clothing and footwear per person



- Blankets or sleeping bags

- Sturdy shoes or work boots
- Rain gear



- Hat and gloves
- Thermal underwear
- Sunglasses
- Prescription drugs





- Denture needs, contact lenses and supplies.
- Extra eye glasses
- Credit card information
- Inventory of household goods, important telephone numbers.
- Family records (birth, mar-



riage, death certificates).

## For Baby

- Formula
- Diapers
- Bottles
- Powdered milk



- Medications

## For Adults

- Heart and high blood medication
- Insulin

## Entertainment



- Games and books
- Portable music device

## Important Family Documents

- Keep records in a waterproof, portable container;
- Will, insurance policies, deeds, stocks and bonds
- Bank account numbers





- Passports, social security cards, immunization records

## Evacuation

There are a few things to keep in mind when there is little time to get everything you need in case an evacuation is necessary.

Always keep these things in mind;

- Keep a full tank of gas in your car if an evacuation seems likely.



- Gas stations may be closed during emergencies and unable to pump gas during power outages. Plan to take one car per family to reduce congestion and delay.



- Make transportation arrangements with friends or your local government if you do not own a car.

- Listen to a battery powered radio and follow local evacuation instructions.



- Gather your family and go if you are instructed to evacuate immediately.

- Leave early enough to avoid being trapped by severe weather.
- Stay away from downed power lines.
- Let others know where you are going.



## **What You Need to Know in Case of an Emergency**

### *Brevard County:*

**Pastor Javier LaBoy**

**LifeHouse, Inc.**

Telephone 321 726-9003

**Pastor Asdrual Salinas**

Iglesia Pan de Vida

321-504-9569

**Maryann Gilbourd**

Ascension Catholic Church

Social Concerns and Food Pantry

321-259-5658

**Sandra Ayala**

Iglesia Discípulos de Cristo

321-733-0059

*Broward County:*

**Ms Wanda Lopez**

St. Isidro Catholic Church

954-971-8780

*Collier County:*

**Schlea Williams, Shelter Manager**

Immokalee Friendship House

239-657-4090

**Miguel Delacruz, Property Manager**

Horizon Village

239-657-3398

Cell: 239-842-0491

**Sylvia Delgado**

Redlands Christian Migrant Association

239-503-4056

**Ninfa Drago, Program Coordinator**

Guadalupe Social Services  
239-657-6242

***Martin County:***

**Donna Carman**

Indiantown Non-Profit Housing  
772-597-3667

***Miami Dade County:***

**Marleine Bastien, MSW, LCSW**

FANM, Inc.

305-756-8050

305-756-8150

**Mr. Tom Comerford, Director**

Sacred Heart Outreach

305-498-8459

***Okeechobee County:***

**Verna Alderman**

East Coast Migrant Head Start  
Project (ECMHP), Center I  
863-467-0702

**Mr. Bruce Swinford**

Big Lake Mission  
863-763-5725

**Oderay Fiol-Beliz, Center Direc-  
tor**

East Coast Migrant Head Start  
Project, (ECMHP), Center II  
863-467-6930

**Autrie Moore-Williams**

Glades Community Development  
Corporation  
561-992-9500

**Mr. Enrique Zuanetto**  
The Soup Kitchen  
561-239-3173

***St. Lucie County:***

**Irma Cabriales**  
Coalición Latina Americana  
772-201-5248

**Florida Rural Legal Services**  
772-466-4766

**Hispanic Catholic Mission**  
772-464-2285

**Stacey Malinoski**  
Mustard Seed Ministry  
Ft. Pierce, FL 34982  
772-466-6851.

**Donita Brunson**

ALPI - Agricultural and Labor  
Program, Administrative Office  
772-466-2631

**East Coast Migrant Head Start  
Project**

863-467-0702

**El Centro Santa Fe**

863-763-8080

**Agricultural and Labor Pro-  
gram – Okeechobee Child De-  
velopment Center**

863-467-5552

***Palm Beach County:***

**Juanita Conde**

Hurricane Relief Coordinator

Guatemalan Maya Center

561-547-0085

**Farmworker Council, Inc.**

561-533-7227

**Father John Mericantante**

**St Mary's Catholic Church**

561-992-2840

**Capurnia Cannon**

**Child Outreach, Inc.**

561-842-1129

# FLORIDA FARMWORKER HELPLINE

If you have a complaint about:

- ❖ Wages
- ❖ Housing
- ❖ Health Issues
- ❖ Pesticides
- ❖ Injuries
- ❖ Unsafe Transportation
- ❖ Abuse
- ❖ Unfair Charges/Expenses

**1-800-633-3572**



# **Florida Department of Health**

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4042 Bald Cypress Way  
Tallahassee, FL 32399  
850-245-4277